

Anjuman-i-Islam's
M.H.SABOO SIDDIK POLYTECHNIC
8, Saboo Siddik Polytechnic Road, Byculla
Mumbai- 400008

COMPUTER ENGINEERING (UNAIDED)

Topic: Personality Development and Women Hygiene Program.

Venue: IDD Seminar Hall

Date: 07/03/2024

Timing: 10:00 am to 12:00pm

Description:

Being well groomed can boost self-confidence and improve social interactions. Mental And Emotional Well-Being: Feeling clean and fresh positively impacts mental and emotional well-being. Good personal hygiene boosts self-esteem and confidence.

While menstruation is a normal and healthy part of life for most women and girls, in many societies, the experience of menstruators continues to be constrained by cultural taboos and discriminatory social norms. It also motivated the students to be a better version their selves.



